Name: _____ Date: _____ Location: _____

Please mark only one answer per row. Place a dark mark that covers the box completely.

1. **Which of the following has the highest alcohol content?**
   - ❑ A 12-oz bottle of beer (5% alcohol)
   - ❑ A 5-oz glass of wine (12% alcohol)
   - ❑ A 1-oz shot of liquor (40% alcohol)
   - ❑ A 12-oz wine cooler (5% alcohol)
   - ❑ They all have about the same alcohol content

2. **In the U.S., a person can be arrested and convicted for Driving Under the Influence (DUI):**
   - ❑ Only if his/her BAC is .08% or greater
   - ❑ At any BAC if the officer can prove driving is impaired
   - ❑ Only if he/she is stopped and admits to having a drink before driving
   - ❑ Only if over 21 years of age

3. **I think coming to this class is a good opportunity to learn important information and plan ahead.**
   - ❑ Strongly disagree
   - ❑ Disagree
   - ❑ I don't agree or disagree
   - ❑ Agree
   - ❑ Strongly agree

4. **A good personal change plan includes:**
   - ❑ Weighing the pros and cons of change
   - ❑ Specific and realistic goals
   - ❑ Planning for difficult situations
   - ❑ All of the above

5. **For me, not driving after drinking would make my life:**
   - ❑ Much worse
   - ❑ Worse
   - ❑ About the same
   - ❑ Better
   - ❑ Much better

6. **If a person goes to bed at 2 am with a blood alcohol concentration (BAC) of .20, about what time will the BAC return to 0?**
   - ❑ 5 am   ❑ 2 pm
   - ❑ 8 am   ❑ 4 pm
   - ❑ Noon

7. **Approximately how much of the U.S. population does not drink alcohol?**
   - ❑ three-quarters   ❑ one-third
   - ❑ one-half   ❑ one-quarter

8. **I have a plan to make sure I don't drink and drive again.**
   - ❑ Definitely true
   - ❑ Somewhat true
   - ❑ Neither true nor false
   - ❑ Somewhat false
   - ❑ Definitely false

9. **Which of the following is <u>not</u> an effective strategy for changing behavior?**
   - ❑ Replace negative thoughts with positive thoughts
   - ❑ Not worry about it because I have already changed
   - ❑ Consider the effects on others
   - ❑ Learn the facts

10. **I am less likely to misuse alcohol or other drugs as a result of my arrest experience.**
    - ❑ Strongly disagree
    - ❑ Disagree
    - ❑ I don't agree or disagree
    - ❑ Agree
    - ❑ Strongly agree

11. **Which of the following best describes the action of alcohol on the body?**
    - ❑ Hallucinogen
    - ❑ Depressant
    - ❑ Stimulant
    - ❑ None of the above

12. **I need to change some of my alcohol or other drug use patterns.**
    - ❑ Strongly disagree
    - ❑ Disagree
    - ❑ I don't agree or disagree
    - ❑ Agree
    - ❑ Strongly agree

13. **In my opinion, random police checks to find impaired drivers are:**
    - ❑ A bad strategy
    - ❑ Neither good nor bad
    - ❑ A good strategy

14. **People can change their behavior by moving through the stages of change, using specific strategies and planning ahead.**
    - ❑ Strongly disagree
    - ❑ Disagree
    - ❑ I don't agree or disagree
    - ❑ Agree
    - ❑ Strongly agree

15. I would not feel safe riding with a driver who has consumed 6 drinks in 2 hours.
- ❏ Strongly disagree
- ❏ Disagree
- ❏ I don't agree or disagree
- ❏ Agree
- ❏ Strongly agree

16. Alcohol is a factor in approximately what percentage of fatal vehicle crashes in the U.S.?
- ❏ Less than 5 percent
- ❏ About 18 percent
- ❏ About 29 percent
- ❏ About 52 percent
- ❏ About 70 percent

17. How much control do you believe you have over whether or not you drink and drive?
- ❏ No control
- ❏ A little control
- ❏ Quite a bit of control
- ❏ Complete control

18. Making a personal and public commitment to change does not:
- ❏ Make it more likely that the change will happen
- ❏ Provide an opportunity to enlist the support and help of others
- ❏ Strengthen the decision to act
- ❏ Set you up for failure

19. To me, driving after consuming four alcoholic drinks of any kind within an hour is:
- ❏ Morally unacceptable
- ❏ Not a moral issue
- ❏ Morally acceptable

20. The people in my life whose opinions I value would _____ of my driving after drinking.
- ❏ Strongly disapprove
- ❏ Disapprove
- ❏ Neither disapprove or approve
- ❏ Approve
- ❏ Strongly approve

21. For me to avoid drinking and driving, I would have to change my drinking habits.
- ❏ Strongly disagree
- ❏ Disagree
- ❏ I don't agree or disagree
- ❏ Agree
- ❏ Strongly agree

22. Approximately how long does it take the body to eliminate one standard drink from the system?
- ❏ 30 minutes
- ❏ Up to 2 hours
- ❏ It depends on the size of the person
- ❏ It depends on how well the person can "hold his or her liquor"
- ❏ It's impossible to predict

23. My arrest was nobody's fault but my own.
- ❏ Strongly disagree
- ❏ Disagree
- ❏ I don't agree or disagree
- ❏ Agree
- ❏ Strongly agree

24. Which of the following is positive self-talk?
- ❏ "I will be better off if I don't drink at this party. It isn't worth the risk."
- ❏ "I can drive on the back roads and not get caught."
- ❏ "It is more dangerous to leave the car here overnight than to drive."
- ❏ "I just ate so I can have another beer before I go."

25. I will not go out drinking again unless I have a way to get home without driving myself.
- ❏ Strongly disagree
- ❏ Disagree
- ❏ I don't agree or disagree
- ❏ Agree
- ❏ Strongly agree

26. How ready are you to change your drinking and/or driving behavior?
- ❏ Not at all ready   ❏ A little ready
- ❏ Very ready

27. For me to avoid drinking and driving in the future would be:
- ❏ Impossible   ❏ Possible

28. The facilitator listened to me and understood my perspective. (Post-test only)
- ❏ Strongly disagree
- ❏ Disagree
- ❏ I don't agree or disagree
- ❏ Agree
- ❏ Strongly agree

29. The facilitator cared about my participation & progress. (Post-test only)
- ❏ Strongly disagree
- ❏ Disagree
- ❏ I don't agree or disagree
- ❏ Agree
- ❏ Strongly agree